



## PRESS RELEASE

20<sup>th</sup> October, 2022

The first, after COVID **Company Forum** for Greek Officers has been held at our **state-of-the-art Auditorium** on 18, 19 and 20 October.

More than thirty ex-pool Deck & Engine Officers have honored us with their presence and active participation in the various sessions which were scheduled for the three-day event.

During the **Forum** we also had the pleasure to welcome representatives & trainers from BLACK ROPE, STS Marine Academy, FILISTOS Ascot, ERMA First and last but not least QMS Maritime Training Center to discussed and explain most current industry requirements.

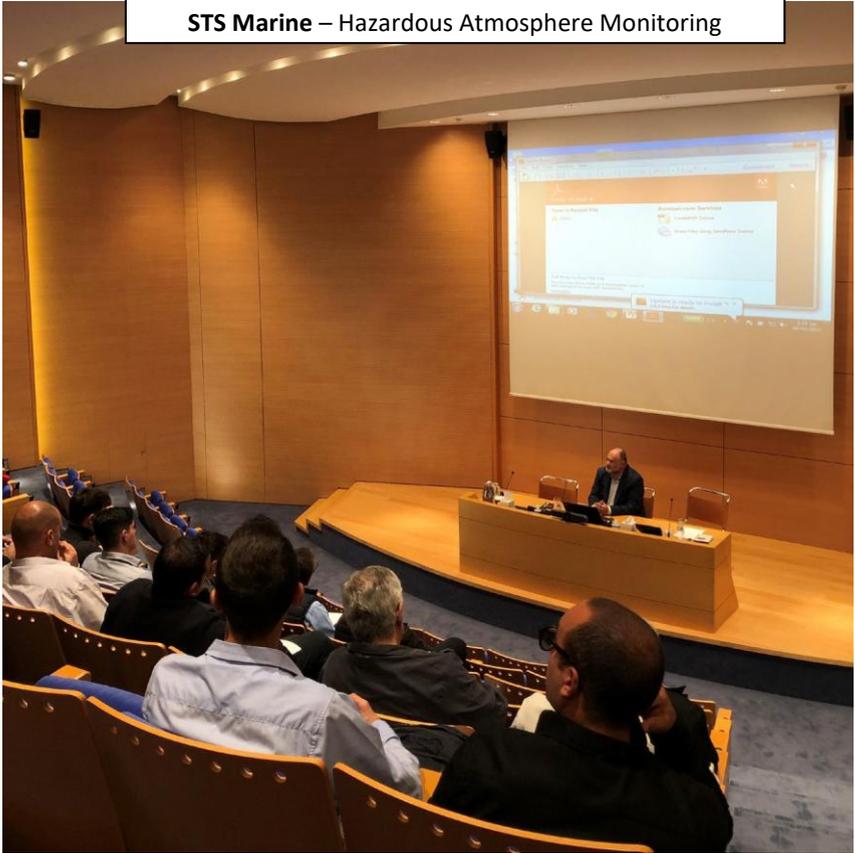
Company personnel from the Safety, Crew, Operations, and Technical departments had the opportunity to discuss openly with the seafarers and share their views on new and forthcoming industry standards.

We look forward to the next successful event.

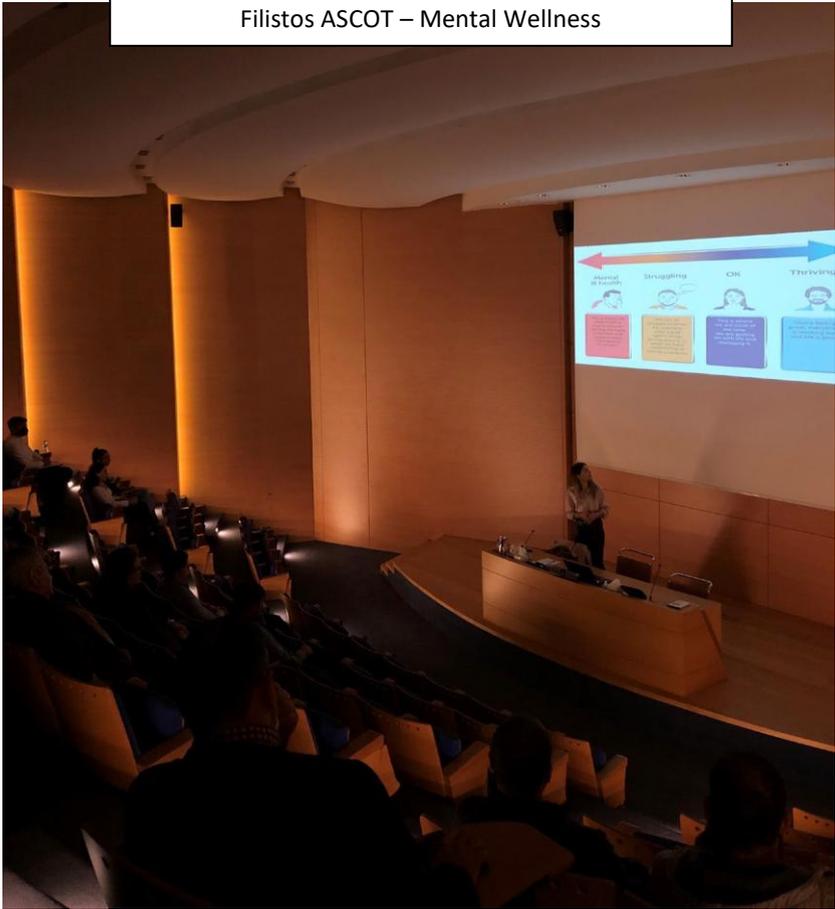
**DAY 1**  
**BLACK ROPE – MEG4 mooring requirements**



**DAY 1**  
**STS Marine – Hazardous Atmosphere Monitoring**

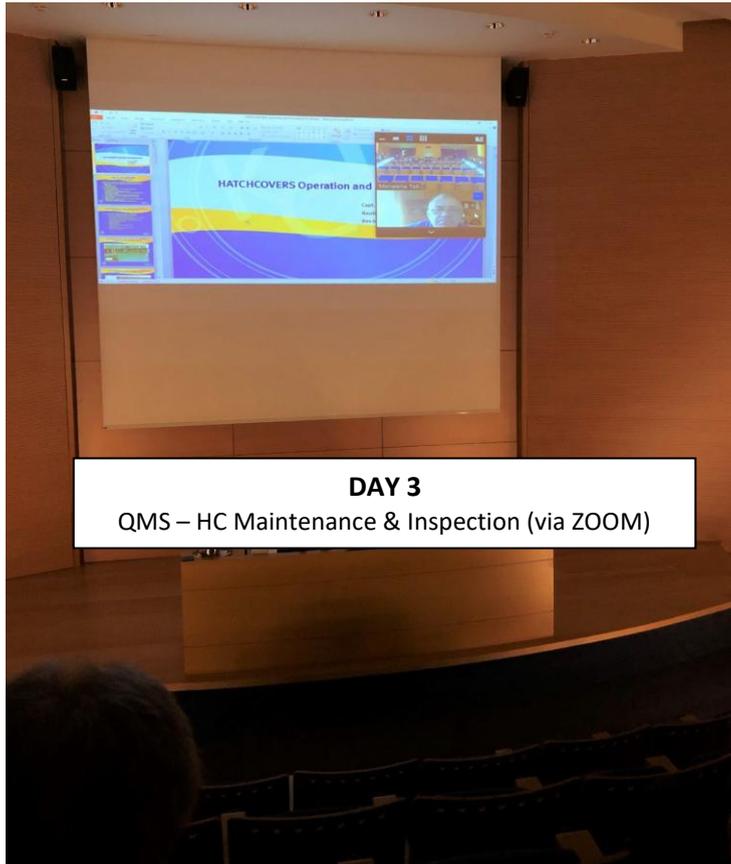


**DAY 2**  
Filistos ASCOT – Mental Wellness



**DAY 2**  
ERMA First – BWMT requirements & System





**DAY 3**

QMS – HC Maintenance & Inspection (via ZOOM)